



# 41<sup>st</sup> Annual Aspen Conference on Pediatric Gastrointestinal Disease

PEDIATRIC GASTROINTESTINAL DISEASE AND SMALL BOWEL TRANSPLANTATION

**July 15–19, 2019**

Viceroy Snowmass Hotel  
Snowmass Village  
Aspen, Colorado



# 41<sup>st</sup> Annual Aspen Conference on Pediatric Gastrointestinal Disease

## PEDIATRIC GASTROINTESTINAL DISEASE AND SMALL BOWEL TRANSPLANTATION

### Description

Under the directorship of conference chair, William Balistreri, MD, Pediatric Gastrointestinal Disease and Small Bowel Transplantation is the 41<sup>st</sup> in a series of annual “Aspen-Snowmass” conferences. Our previous conferences have been well-attended, highly regarded and widely lauded. A renowned faculty has been invited to participate.

The conference will focus on recent advances in the diagnosis and management of children with a wide variety of gastrointestinal diseases. Topics include:

#### Pediatric Gastrointestinal Disease

- Inflammatory bowel disease (diagnosis, genetics, complications and management)
- Diarrhea (acute and chronic)
- Celiac disease
- H. pylori
- Gastroesophageal Reflux
- GI procedures
- Nutrition
- Microbiome
- Abdominal Pain/Irritable Bowel Syndrome
- Constipation
- Obesity and NAFLD/NASH
- TPN-associated cholestasis
- Allergic gastroenteropathies
- Motility disorders
- Short gut syndrome/NEC
- Pancreatic disease/ Cystic Fibrosis

#### Various aspects of small bowel transplantation

- Evaluation
- Interim management
- Pre and Postoperative Care
- Immunosuppression
- Long-term follow-up: Complications and outcomes

The conference format includes didactic lectures and case presentations held each morning with ample time for discussion and audience participation.

### Audience

The conference is designed for pediatric gastroenterologists and hepatologists, but content will benefit pediatric and transplant surgeons, nurse coordinators, nurse practitioners, nutritionists, pathologists and pediatricians as well.

### Accreditation



JOINTLY ACCREDITED PROVIDER<sup>®</sup>  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Cincinnati Children’s Hospital Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy

Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**CME:** Cincinnati Children’s designates this live activity for a maximum of 21.25 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**ABP MOC part 2:** Successful completion of this CME activity, which includes participation in the activity, with individual assessments of the participant and feedback to the participant, enables the participant to earn 18.25 MOC Part 2 Points in the American Board of Pediatrics’ (ABP) Maintenance of Certification (MOC) program.

### Exhibit & Sponsorship Opportunities

A number of exhibit and sponsorship opportunities for this course are available. Please contact Andrea Thrasher at **513-636-6732** or [andrea.thrasher@cchmc.org](mailto:andrea.thrasher@cchmc.org) for more information.

### Accommodations

The conference will be held at the Viceroy Snowmass resort in Snowmass, CO. Accommodations are available in hotel rooms and 1 & 2 bedroom condominiums.

**Viceroy Snowmass:** Studio (\$197)/1 Bedroom (\$246)/1 Bedroom + Den (\$315)/2 Bedroom (\$389). Viceroy Snowmass is a luxury mountain resort located in the heart of Snowmass’ Base Village. To reserve a room by phone, call the hotel at 877-235-7577 and identify yourself as a Cincinnati Children’s GI Conference attendee. To reserve online visit [www.viceroyssnowmass.com](http://www.viceroyssnowmass.com), enter your arrival and departure dates, change the code type to “Group Code” and enter the code CINCINNATI19 (case sensitive).

Rooms are subject to availability. The deadline for hotel reservations is June 21, 2019. Stated rates do not include state and local taxes. A resort fee of \$20 plus tax per day will be added onto the room charge. Resort fee includes round trip airport transportation (to/from Aspen Airport), daily newspaper delivery, wi-fi access throughout the property and complimentary fitness studio access.

**Attendees are HIGHLY encouraged to make reservations as soon as possible for the 2019 conference.**

**Limelight Hotel Snowmass:** A 5% discount will be provided to any conference attendee. A minimum 3 night stay is required to receive the discount. Discount will be applied to the rate at the time of booking. To make a reservation call 844-362-7119 Monday–Friday between 8 am – 5 pm MST or email [snowmassreservations@limelighthotels.com](mailto:snowmassreservations@limelighthotels.com) and reference the 2019 Annual Aspen Conferences.

### Getting to Aspen/Snowmass

Aspen-Pitkin County Airport/Sardy Field (ASE) is approximately 7 miles from Snowmass Village and 4 miles from the Aspen business district. The airport is served by Delta, United Airlines and American Airlines regional jets. Complimentary ground transportation to and from the airport is offered to attendees staying at the Viceroy Snowmass hotel. Transportation can also be arranged for attendees staying at a condominium.

Denver International Airport (DIA) is approximately a 3.5 hour drive to/from Snowmass Village. Daily valet parking is offered at the Viceroy Snowmass for \$20 per car per day.

Snowmass Village offers over 40 miles of hiking, biking and horseback riding trails, majestic rivers for rafting, kayaking and fly-fishing, championship golf courses and a myriad of culinary, art and musical experiences including the Aspen Music Festival ([www.aspenmusicfestival.com](http://www.aspenmusicfestival.com)). Aspen is only minutes away by car or bus.

Opportunities for group activities including white water rafting, biking, hiking, fishing tours and more are available to all conference attendees. Visit [www.pitkinoutside.org](http://www.pitkinoutside.org) for some great hiking trail options. Additional information will be made available at the conference.



## Conference Director

### William F. Balistreri, MD, FAASLD

Pediatric Liver Care Center  
 Division of Gastroenterology, Hepatology, and Nutrition  
 Cincinnati Children's  
 Professor of Pediatrics and Medicine  
 University of Cincinnati College of Medicine  
 Cincinnati, OH

## Faculty

### Carlo DiLorenzo, MD

Chief, Division of Pediatric  
 Gastroenterology  
 Nationwide Children's Hospital  
 Professor of Clinical Pediatrics  
 The Ohio State University  
 Columbus, OH

### Benjamin D. Gold, MD, FAAP, FACG

Children's Center for Digestive  
 Healthcare, LLC  
 GI Care for Kids, LLC  
 Director of Quality, Aerodigestive Center,  
 Children's Healthcare of Atlanta  
 Atlanta, GA

### Jaimie D. Nathan, MD

Surgical Director, Kidney and Intestinal  
 Transplant Program  
 Surgical Director, Pancreas Care Center  
 Associate Surgical Director, Liver Transplant  
 Program  
 Division of Pediatric General &  
 Thoracic Surgery  
 Cincinnati Children's  
 Associate Professor of Surgery  
 and Pediatrics  
 University of Cincinnati College  
 of Medicine  
 Cincinnati, OH

### Emily Rothbaum Perito, MD, MAS

Pediatric Gastroenterology, Hepatology,  
 and Nutrition  
 Assistant Fellowship Director for Pediatric  
 Gastroenterology, Hepatology  
 and Nutrition  
 Benioff Children's Hospital  
 Co-Director, UCSF Pediatric Pancreas  
 Program  
 Assistant Medical Director, UCSF Pediatric  
 Liver Transplant  
 Assistant Professor, Pediatrics and  
 Epidemiology and Biostatistics  
 University of California  
 San Francisco, CA

### Jennifer A Strople, MD, MS

Attending Physician, Gastroenterology,  
 Hepatology and Nutrition  
 Program Director, Gastroenterology  
 Fellowship Program  
 Ann & Robert H. Lurie Children's Hospital  
 of Chicago  
 Associate Professor of Pediatrics  
 Northwestern University Feinberg  
 School of Medicine  
 Chicago, IL

### Stavra A. Xanthakos, MD, MS

Director, Steatohepatitis Center  
 Medical Director, Surgical Weight Loss  
 Program for Teens  
 Associate Director, Gastroenterology  
 Fellowship Program  
 Cincinnati Children's  
 Associate Professor of Pediatrics  
 University of Cincinnati College of  
 Medicine  
 Cincinnati, OH

## Conference Agenda

### Sunday, July 14, 2019

3:30–5:30 pm Registration and Refreshments

### Monday, July 15, 2019

#### EVALUATION AND MANAGEMENT GI DISEASE

- 7–8 am Breakfast and Registration
- 8–8:15 am Welcome and Introductions  
*Moderator—  
 William Balistreri, MD*
- 8:15–8:35 am What's Hot Today?  
*William Balistreri, MD*
- 8:35–8:50 am Discussion
- 8:50–9:10 am What I have Learnt after 30  
 years of Dealing with Patients  
 with Motility Disorders: Tricks of  
 the Trade  
*Carlo DiLorenzo, MD*
- 9:10–9:25 am Discussion
- 9:25–9:45 am Addressing Chronic Pain in  
 Children with GI Diseases  
*Emily Perito, MD*
- 9:45–10 am Discussion
- 10–10:20 am Faculty/Participant Discussion/  
 Refreshments
- 10:20–10:40 am "It's Alimentary My Dear  
 Watson"—Why the Specific  
 Carbohydrate Diet CAN be  
 Effective in Managing IBD  
*Ben Gold, MD*
- 10:40–10:55 am Discussion
- 10:55–11:15 am Inflammatory Bowel Disease:  
 Treat to Target  
*Jennifer Strople, MD*
- 11:15–11:30 am Discussion
- 11:30–11:50 am Impact of the "Obesity  
 Epidemic"  
*Stavra Xanthakos, MD*
- 11:50 am –  
 12:05 pm Discussion
- 12:05–12:35 pm Case Discussion

## Tuesday, July 16, 2019

### EVALUATION AND MANAGEMENT OF GI DISEASE AND OBESITY

7:15–7:45 am	Breakfast and Roundtable Discussion
7:45–8:05 am	What's Hot Today? <i>William Balistreri, MD</i>
8:05–8:20 am	Discussion
8:20–8:40 am	NAFLD/NASH 2019: Incidence, Diagnosis, and Impact <i>Stavra Xanthakos, MD</i>
8:40–8:55 am	Discussion
8:55–9:15 am	Treatment Options for NAFLD/NASH <i>Emily Perito, MD</i>
9:15–9:30 am	Discussion
9:30–9:50 am	Faculty/Participant Discussion/Refreshments
9:50–10:10 am	Advances in Surgical Management of Obesity in Children <i>Jaimie Nathan, MD</i>
10:10–10:25 am	Discussion
10:25–10:45 am	Beyond Anti-TNF Therapy in Patients with IBD <i>Jennifer Strole, MD</i>
10:45–11:00 am	Discussion
11:00–11:20 am	We Really are What We Eat—The role of Probiotics, Prebiotics and Diet in Health, Infectious, Allergic and Auto-immune Disease <i>Ben Gold, MD</i>
11:20–11:35 am	Discussion
11:35–11:55 am	Dispelling Myths Re: Constipation <i>Carlo DiLorenzo, MD</i>
11:55–12:10 pm	Discussion
12:10–12:40 pm	Case Discussion

## Wednesday, July 17, 2019

### GUIDELINES AND PERSPECTIVES

7:15–7:45 am	Breakfast and Roundtable Discussion
7:45–8:05 am	What's Hot Today? <i>William Balistreri, MD</i>
8:05–8:20 am	Discussion
8:20–8:40 am	Human Evolution from the Microbe's Perspective: H Pylori & Gastroduodenal Disease—Are All Helicobacter Really Bad? <i>Ben Gold, MD</i>
8:40–8:55 am	Discussion
8:55–9:15 am	New GERD Guidelines: Something New or "Same Old, Same Old"? <i>Carlo DiLorenzo, MD</i>
9:15–9:30 am	Discussion
9:30–9:50 am	Faculty/Participant Networking/Refreshments
9:50–10:10 am	What to do After a Child's Second Episode of Pancreatitis <i>Emily Perito, MD</i>
10:10–10:25 am	Discussion
10:25–10:45 am	Surgical Interventions in Acute and Chronic Pancreatitis <i>Jaimie Nathan, MD</i>
10:45–11:00 am	Discussion
11:00–11:20 am	Severe Acute Colitis: The New ESPGHAN Guidelines <i>Jennifer Strole, MD</i>
11:20–11:35 am	Discussion

11:35–11:55 am	Neurogastroenterology: Where Have We Been and Where are We Going? <i>Carlo DiLorenzo, MD</i>
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11:55 am–12:10 pm	Discussion
12:10–12:40 pm	Case Discussion

## Thursday, July 18, 2019

### MOTILITY, INTESTINAL FAILURE

7:15–7:45 am	Breakfast and Roundtable Discussion
7:45–8:05 am	What's Hot Today? <i>William Balistreri, MD</i>
8:05–8:20 am	Discussion
8:20–8:40 am	Medical and Surgical Treatment of Motility and Functional GI Disorders <i>Carlo DiLorenzo, MD</i>
8:40–8:55 am	Discussion
8:55–9:15 am	Understanding the Basis for Esophageal Inflammation Disease in Children—The EoEs and GERD Paradigm <i>Ben Gold, MD</i>
9:15–9:30 am	Discussion
9:30–9:50 am	Faculty/Participant Discussion
9:50–10:10 am	Medical & Nutritional Management of Short Bowel Syndrome <i>Emily Perito, MD</i>
10:10–10:25 am	Discussion
10:25–10:45 am	The Microbiome: Impact on GI Health and Disease <i>Stavra Xanthakos, MD</i>
10:45–11:00 am	Discussion
11:00–11:20 am	Therapeutic Drug Monitoring <i>Jennifer Strole, MD</i>
11:20–11:35 am	Discussion
11:35–11:55 am	Autologous Intestinal Reconstruction Surgery: STEPs Toward Intestinal Autonomy <i>Jaimie Nathan, MD</i>
11:55 am – 12:10 pm	Discussion
12:10–12:40 pm	Case Discussion

## Friday, July 19, 2019

### TRANSPLANTATION

7:15–7:45 am	Breakfast and Roundtable Discussion
7:45–8:05 am	Celiac Disease 2019 <i>Stavra Xanthakos, MD</i>
8:05–8:20 am	Discussion
8:20–8:40 am	Total Pancreatectomy with Islet Autotransplantation (TPIAT) in Children <i>Jaimie Nathan, MD</i>
8:40–8:55 am	Discussion
8:55–9:15 am	Complementary and Alternative Therapies <i>Jennifer Strole, MD</i>
9:15–9:30 am	Discussion
9:30–9:50 am	Intestinal Transplantation: How We Do It <i>Jaimie Nathan, MD</i>
9:50–10:05 am	Discussion
10:05–10:25 am	Long-term Monitoring of Immunosuppression <i>Emily Perito, MD</i>
10:25–10:40 am	Discussion

## Registration Form

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### Online registration for this conference is required.

Please visit [www.cincinnatichildrens.org/AspenGI](http://www.cincinnatichildrens.org/AspenGI) to register.

**DUE TO THE DESIGN OF THIS COURSE, SPACE IS LIMITED. WE ENCOURAGE YOU TO NOT CONFIRM ANY TRAVEL PLANS UNTIL YOUR REGISTRATION IS CONFIRMED.**

Select one:	<u>On or before July 1, 2019</u>	<u>After July 1, 2019</u>
Practicing Physicians	<input type="checkbox"/> \$705	<input type="checkbox"/> \$795
Physicians in training, nurses, other clinical personnel	<input type="checkbox"/> \$585	<input type="checkbox"/> \$670

Course tuition includes on-line syllabus materials, breakfast and refreshment breaks each day.

*Each registrant must use a unique email address to register.*

Please note: Credit card and electronic check payments will be processed online during registration.

To pay by hard copy check, please register online as instructed above, complete the following form, and remit your form and check to the address below.

Name \_\_\_\_\_

Telephone \_\_\_\_\_

E-mail \_\_\_\_\_

Please make check payable to: CCHMC CME  
Return form and check to: Cincinnati Children's Hospital Medical Center, CME  
3333 Burnet Avenue, MLC 3003  
Cincinnati, Ohio 45229-3039

### Cancellation Policy

Early registration is recommended, as attendance is limited. Cancellations received on or before June 24, 2019 are fully refundable. After June 24, 2019, a \$75 processing fee will be charged for cancellations.

*Should Cincinnati Children's Hospital Medical Center cancel this conference, registration fees will be reimbursed in full. However, Cincinnati Children's is not responsible for any other costs incurred by the participant.*

### Questions?

Contact the Cincinnati Children's Continuing Medical Education office at 513-636-6732 or [cme@cchmc.org](mailto:cme@cchmc.org).





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CME, MLC 3003  
3333 Burnet Avenue  
Cincinnati, OH 45229-3039

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